

WE ARE HERE FOR YOU

Employee Assistance Program

Your well-being is important to your employer. Movis' Employee Assistance Program and manager consultation supports employees, supervisors and HR in finding solutions in various areas of life.

This service is provided to you free of charge by your employer.

ACCESSIBILITY

Contact us

Our central hotline for enquiries,
appointments and information:

Contact us anonymously at
www.movis24.ch.

+41 (0)848 270 270
(available 24/7)
info@movis.ch
www.movis.ch



PERSONAL

Your Consultation is:

CONFIDENTIAL AND PROFESSIONAL

FREE OF CHARGE FOR YOU

SOLUTION- AND RESOURCE-ORIENTED

VOLUNTARY AND AUTONOMOUS

IMMEDIATE AND FLEXIBLE
(IN PERSON, BY PHONE OR ONLINE)

AVAILABLE IN GERMAN, FRENCH,
ENGLISH AND ITALIAN

CLOSE TO YOU

Our Locations

We're here for you at over 20 sites throughout
Switzerland.



CONFIDENTIAL AND COMPETENT

Professional Support

We support you with these topics, among others:



Workplace

Managing operational changes, resolving conflicts, protecting personal integrity (bullying, sexual harassment, discrimination, violence), performance, creating perspectives



Personal

Clarifying marriage and partnership issues, family and parenting, caring for dependents, dealing with grief and loss, housing and relocation, improving self-management



Health

Maintaining physical and mental health, reducing stress and promoting resilience, preventing burnout, analysing addictive behavior, dealing with disability



Finance

Budgeting, reducing and/or avoiding debts, clarifying social security issues, preparing for retirement



Integration

Actively managing returning to work after leave, reducing and/or avoiding absences, strengthening performance



WHO WE ARE

Our Offer

As an impartial and specialised consulting company we operate in the areas of Counselling, Coaching, Care Management, Training and PreCare.

With our services, we promote the development of a healthy and positive working and living environment. As part of corporate health management, our services are aimed at prevention, early detection and integration. Everyone benefits from this in equal measure: employees, managers and companies.

Our counsellors all hold degrees from a University of Applied Sciences, are trained social workers or psychologists, and have a wide range of professional experience and specialisations.

We are here for you.

